



2023 6th Annual FORGIVENESS, POPULATION HEALTH & EQUITY CONFERENCE
"Achieving Forgiveness, Wellness & Peace in a Post-Pandemic Era"
September 16, 2023, 9AM - 4:30PM
PRECONFERENCE: Grant Writing Workshop, September 15, 2023, 5PM-9PM

OBJECTIVES

1. Describe the influence of forgiveness in building wellness, resilience, and peace in a post-pandemic era.
2. Outline necessary steps in this post-pandemic era to manage mental, physical, spiritual, and other facets of health and well-being.
3. Articulate the need for healthy eating, disease management, stewardship, drawing closer to God, social connectedness, etc., in this post-pandemic era.
4. Share tips to enhance health equity, population health, resilience, forgiveness, and peace in a post-pandemic era.

FRIDAY, SEPTEMBER 15, 2023

5:00PM - 9:00PM PRECONFERENCE: Grant Writing Workshop Dr. Cheri Westmoreland

SATURDAY, SEPTEMBER 16, 2023

9:00AM - 10:00AM OPENING PLENARY

Moderator's Welcome	Mrs. Natasha Crump-McCoy, MPH
Opening Prayers, Scripture Reading, and Reflections on Forgiveness	Pastor Mike Tedder, Tabernacle Church, Decatur, GA
Conference Overview/Annual Message	Dr. Magon Saunders, Executive Director, FFHM, Stone Mountain, GA
Dealing with Forgiveness Concerns in our Families & the Church	Pastor Emanuel Williams, FFHM Board Member, East Point, GA

Questions & Answers

10:00AM - 10:45AM MORNING KEYNOTE ADDRESS

Racial Healing and Forgiveness Rev. Micah McCreary, Ph.D., New Brunswick Theological Seminary, New Brunswick, NJ

Questions & Answers

10:45AM - 10:55AM *Morning Coffee & Stretch Break*

10:55AM - 11:05AM Musial Interlude Mr. Christian Burroughs, Mt. Gilead Full Gospel International Ministries, Richmond, VA

11:10AM - 11:25AM ANNUAL FORGIVENESS AWARDS

Welcome and Overview of Award Categories	Dr. Magon Saunders, Executive Director, FFHM, Stone Mountain, GA
	1. 2023 Lifetime Achievement Forgiveness, Population Health and Equity Award
	2. 2023 Enduring Sponsors Award
	3. 2023 Forgiveness Ambassadors & Other Awards

11:25AM - 12:15PM MID-MORNING PLENARY SESSION

Racism and Health: Empowering Minorities to Navigate the Health System, Part II Dr. Brian Gibbs, University of Massachusetts, Worcester, MA

Questions & Answers

12:15PM - 1:00PM *Lunch Break*

1:00PM - 1:45PM AFTERNOON PLENARY

Mental Health and Suicide Prevention in Minoritized Communities: Making Behavioral Health Work Dr. Jameta Barlow, The George Washington University, Washington, DC

Questions & Answers

1:45PM - 2:45PM PANEL DISCUSSION: FORGIVENESS, MEDICAL CARE & PATIENT EMPOWERMENT

Empowering citizens to increase self-efficacy and awareness to reduce complications and deaths in the health system by addressing malpractice, complications, medical & medication errors, misdiagnoses, patient safety, etc.

Session Moderator/Facilitator Ms. Yoko Allen, MPH, FFHM Board Member

Panelists	1. Rev. Michael D. Stinson, MD, First Mallalieu United Methodist Church, East Point, GA
	2. Dr. Lori Dobler, RN, D.Min., Shiloh Metropolitan Baptist Church, Jacksonville, FL
	3. Dr. Adeola Akindana, DNP, CDE, Health Beam, Silver Springs, MD
	4. Ms. Diane Hodge, MBA, RDN, CDCEs, Brighten Day, Prescott, AZ
	5. Mrs. Andrea Brown, Shiloh Metropolitan Baptist Church, Jacksonville, FL
	6. Mrs. Carol-Ann Palmer, Stone Mountain, GA

2:45PM - 2:55PM *Stretch Break*

2:55PM - 3:40PM CONCURRENT BREAKOUT SESSIONS

Breakout Topics	1. Increasing Your Income Streams Across All Age Groups to Survive a Recession: Dr. Joe Ani, Janic Business Group, Stone Mountain, GA
	2. Managing Difficult Family Relationships: Dr. Edward Doverspike, Atlanta, GA
	3. Enhancing Nutrition and Forgiveness Across the Life Cycle: Dr. Michelle Broussard, Lithonia, GA
	4. Empowering Self-Management of Chronic Kidney Disease to Reduce Deaths in Minority Communities: Dr. Laurice Howell, Hartford, CT

3:40PM - 3:50PM *Stretch Break*

3:50PM - 4:05PM Call to Action Rev. Michael D. Stinson, MD, First Mallalieu United Methodist Church, East Point, GA

4:05PM - 4:20PM FORGIVENESS CLEANSING & HOLY COMMUNION

REACH Model Review & Forgiveness Contracts/Prayers/Holy Communion Led by Pastor Emanuel Williams, FFHM Board Member, East Point, GA

4:20PM - 4:30PM CLOSING REMARKS, UPDATES & DOOR PRIZES

Presenter	Ms. Pamela Barnes, FFHM Board Member, Avondale Estates, GA
Updates & Door Prizes	1. Save the Date : 2024 Joint (Hybrid) Forgiveness, Population Health, and Equity Conference & World Day of Peace, September 24, 2024, 9AM
	2. Book Launch: Art Tea & Forgiveness Implementation Guide
	3. Door Prizes (You Must Be Present to Win)

BENEDICTION

Thank you for participating in this year's FPHEC!!! Blessings to you and yours!